



FOR IMMEDIATE RELEASE

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National Tie One On Day™ Expresses Gratitude

PUEBLO, Colo. – Of all the special days throughout the year, Thanksgiving is the most personal. A time when we feel thankful for the joys and blessings in our lives, for many of us, words of thankfulness can be difficult. National Tie One On Day™ offers a unique expression of gratitude when words fail us.

Celebrated on the eve of Thanksgiving – November 25 this year – National Tie One On Day is an opportunity to share our bounty by wrapping a loaf of bread or other baked good in an apron, along with a note of encouragement tucked in the pocket; then “tie one on” (an apron, of course!) and deliver the wrapped bundle to someone in need of a kind gesture.

“What with technology replacing face-to-face communication, the act of writing a note and hand delivering it with an offering, is an expression of kindness in itself,” says EllynAnne Geisel, creator of National Tie One On Day, “and bread is the ultimate expression of this, because it is the basic comfort food.”

“Give us this day our daily bread isn’t just a prayer,” says Geisel. “The words are also a reminder that to have more than daily bread is to be blessed.”



Bread Machine Challah

Place ingredients in machine pan in this order (water first, yeast last)

1 cup warm water

2 eggs, beaten

½ cup vegetable oil

4 ¼ – 5 ¼ cups bread flour (reserve ¼ cup)

2 ¾ teaspoons salt

1/3 cup sugar

1 tablespoon dry yeast

Process on Dough/sweet program. As dough forms into a ball, add additional flour if it seems wet/sticky.

Divide the dough into *three sections and braid into a loaf. Line a baking sheet with parchment paper. Put bread on sheet. Allow to rise until about double in size. Brush with egg wash (1 egg + 1 yolk, beaten).

Bake at 350 degrees 30-35 minutes, until crust is nicely browned.

*For 2 smaller loaves, divide into 6 sections

For additional information about National Tie One On Day™ visit Geisel’s website

www.apronmemories.com.

Recognized by Chases Calendar of Events, National Tie One On Day™ is sponsored by Mom Bloggers Club, American Sewing Guild, The Women’s Museum, McCall’s Pattern Company,

Stampington & Company, Aunt Martha's Colonial Patterns, Inc., Simplicity Pattern Company, National Association of Baby Boomer Women, Creative Machine Embroidery, SewNews, Apron-iCity and The Fabric Shop Network.

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